Volunteers

• are 18 years of age and older from all cultural backgrounds;

 can visit daytime, evening, or weekends at a mutually convenient time for the person and/or family and the volunteer;

• provide companionship for the person being cared for, and short-term relief to the caregiver in need of a break;

• frequently visit in the clients' home, however, short walks or outings are a possibility;

• understand and respect confidentiality;

• are screened with a police records check, references and an interview; and

• receive training and ongoing support from staff.

Sponsored By:



To learn more, just call: 402-362-7626

Or, contact the York County Aging Services Office at: 2325 Nebraska Ave. York, NE 68467

Or, e-mail: lbyers@yorkcountyne.com

Programs are made possible thanks to funding provided by Aging Partners



All activities and services of York County Aging Services are provided without regard to race, color, creed, national origin or disability.

The Friendly Visitor Program of York, NE

YORK COUNTYAGING SERVICES

A Community Support Service



Do you know a senior or physically disabled adult who is lonely and isolated at home?

Friendships Grow...



What is Friendly Visiting?

The Friendly Visiting Program is a free community support service that matches a volunteer with a socially isolated senior or physically disabled adult.

Regularly scheduled visits for companionship and friendship increase social contact and reduce isolation.

A compatible match is carefully made so the individuals may share interests, time and friendship.

Benefits for Participants

- Companionship, friendship, conversation
- Social and leisure activities
- Decreased social isolation and loneliness
- Opportunity for the occasional outing

Benefits for the Volunteer

- Make a friend
- Build a relationship
- Make a difference

Shared activities can include:

Pleasant conversation, playing cards and games, sharing a book, taking a walk, sitting outside or enjoying an outing to the Senior Center or coffee shop.

Friendly Visitors Do Not:

- Clean house, move furniture
- Bath, manicure or other personal care
- Cook, laundry, gardening

Services are offered to those who:

- Live alone in the community or with family members
- Live in York County
- Have limited social contacts outside of the home
- Will welcome a volunteer and benefit from the social visit
- Will not require personal care during the visit
- Have chronic illnesses or physical disabilities and/or memory loss

The availability of service is dependent upon the need and number of available volunteers

Referrals

Referrals are accepted from a LIFE Care Manager, community support agencies, doctors, social workers, family members, or YOU can simply refer yourself. The Friendly Visiting staff will contact you for a home visit.



Why get involved?

Over time, individuals and/or their caregivers may begin to isolate themselves and become socially withdrawn as they find it more and more difficult to stay connected to friends, the community or to leave the safety and comfort of their homes.

The Friendly Visiting Program can Help!